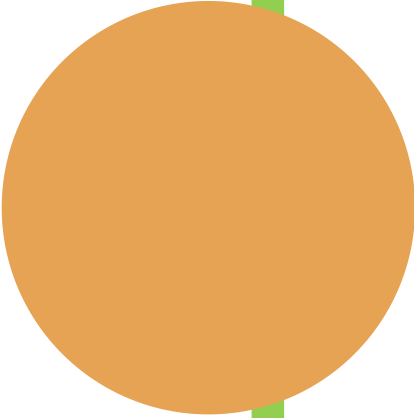


# The Lord is my shepherd

Hey Mom and Dad,

Our God is God of the family. It is beautiful to see this truth echoed in the various passages of the Bible. John 4:53b speaks of a father who had just encountered Jesus saying, "And he and his entire household believed in Jesus"

The lesson for the week is based on David's Psalm in chapter 23. As you teach your children about the good shepherd, we know that you and your entire household will remain unshaken in your faith towards Christ Jesus in this season.



We encourage you to prepare in prayer to present these beautiful truths to your children. Start the time with the children in praise and worship. Utter your thanksgiving out loud and allow each child to participate in the giving of thanks and honour to the Lord.

We have selected links to the preferred songs of the week for your convenience. The activities and daily devotions are aimed at cementing the heart of the lesson for this week. We trust that this lesson pack will bring unity of faith in every house.

We love you and your household.

3CKids Team



**3CKids**



# The Lord is my shepherd



## What to prepare:

- A puppet of David (you could make this using a sock, a cardboard cut out, or a balloon with a face drawn on it)



## Praise and Worship:

Copy these links and paste it into your browser browser to play the preferred songs of the week:

- <https://www.youtube.com/watch?v=p6ugIFE40WM> **(First)**
- <https://www.youtube.com/watch?v=0R4te0QLD8E> **(Perfect Love)**
- <https://www.youtube.com/watch?v=GVVY5z7jfPQ> **(To Know You)**

## Memory verse:

Psalm 23:6

"Surely goodness and unfailing love will pursue me all the days of my life, and I will live in the house of the Lord forever"

## Declaration for the week:

The Lord is my shepherd; I have all that I need

## Activity Sheets

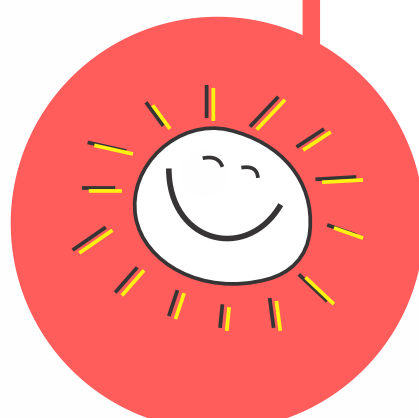
Use the activity sheets to help illustrate and supplement the lesson

- Psalm 23 - Word search
- Psalm 23 - Colouring
- Psalm 23 - Anagram
- Psalm 23 - Crossword
- Psalm 23 - Follow the dots

## Fitness Fun

Our fitness fun activity aims to increase coordination as children imitate certain animal movements during set intervals.

Moms and dads are welcome to join in the fun.



# Lesson Time

## Read Psalm 23

### Instructions:

Use a funny voice to personify David the puppet. Have him greet the children and introduce himself as one of the greatest heroes in history. While he is interacting with the children, he should tell them about some of his greatest feats: defeating the giant Goliath, killing a lion and a bear, becoming the king of Israel.

David will then ask the children if they would like to know the secret to being a hero. The children should answer "Yes". David will say, "the secret to being a hero is : "The Lord is my shepherd""

Let the children declare this with you: *The Lord is my shepherd. I have all that I need.*

### Lesson Explained:

- God is our shepherd and the best coach (v1).

David was trained and guided by God, which is why he was able to become a great hero. There is no one who can train us better than God, because when He is with us, we have all that we need. (A hero needs to be trained by God)

- God brings us to a place of rest (v2)

David had time daily where he worshiped and prayed to God. God teaches us the secrets to be a hero during our times of prayer, not when we are rushed or in a hurry. (A hero prays everyday)

- We should be obedient (v3)

David learned to obey God even when no one was looking. We need to learn to do what God says so we can be successful in our everyday life. God will always guide us in the right way when we obey him. (A hero knows that obedience is the path to success)

- We should not fear (v4)

David faced very difficult times in his life but he learned to trust God and not give in to fear. We must know that God is with us when we go through hard times. He will always be there to help us. (A hero chooses faith instead of fear)

- God anoints us for his purpose (v5)

God wants us to live our lives on purpose for him. He knows that we need his Holy Spirit to do the work he wants us to do on earth. The Holy Spirit is our friend who helps us to be a blessing to other people (A hero walks with the Holy Spirit)

- We must live our lives for his glory (v6)

God wants us to remember his goodness and unfailing love. When we wake up, help in the house, do school work, play with our siblings, we can show others God's goodness and unfailing love

(A hero always shows others that God is good)



# Lesson Time

## Application prayer:

Ask the children to think and write down instances where they have not trusted God or where they were afraid. Allow the Holy Spirit time to minister to them as you encourage them to lay their fear and unbelief at the cross. With eyes closed, tell them that Jesus took the fear and unbelief so they can be heroes for him. He is their good shepherd.

Ask them to pray after you:

"Father God, thank you for loving me. Thank you for sending Jesus to die on the cross so I can be free from fear and unbelief. Please forgive me where i have doubted your goodness and love. Thank you that by the blood of Jesus, I am redeemed, I am forgiven and I am set free. You are my shepherd. With you, I have everything I need. I love you Lord. Amen

## The five confessions of the blood:

Let the children declare the power of the blood at the end of the lesson.

Suggestion: add this as part of your family meal prayer

- By the blood of Jesus we have been redeemed from the power of the enemy.
- By the blood of Jesus we are forgiven of all our sins.
- Because we spend time with other Christians, the blood of Jesus cleanses us from all our sins.
- By the blood of Jesus we are justified and God sees us as if we have never sinned.
- By the blood of Jesus we are sanctified and set apart for God's holy purpose.

## For the Week:

### Devotion plans:

The devotions are aimed to help each child spend daily quiet time with the Lord through His word. If you have the means, assist each child to create a special place and allocate a special time for their devotion.

- Younger children: we encourage you to spend a few minutes a day reading the scripture to your child and helping them say the declaration.
- Older children: help the children to read the daily scripture, reflect on what the Lord is saying to them and then write their own declaration for the day.

Should you wish to contact us for suggestions, queries or even prayer, please email us at [3ckids@my3c.tv](mailto:3ckids@my3c.tv).

