

Praise and worship

Hello Mom and Dad

Our national Lockdown chronicles continue, with some aspects of our lives slowly gaining due momentum. With the increased awareness of the potential difficulty we are facing as a nation, we would do well to heed the command from 1 Thessalonians 5:16-18, "Rejoice always, pray continually, give thanks in all circumstances; for this is God's will for you in Christ Jesus."

Since this is God's will for all His children, it is our determination to arm each child with the weapon of praise and worship which will see them through every hill and valley of life. As parents and guardians, we need to praise God and teach our children the same.

Our lesson objectives for this week:

- To learn to give praise to the Lord
- To learn that praising God is a way we celebrate Him

As is fitting, we encourage you to start your time together in thanksgiving and praise. Let each person count their blessings and give thanks to God for His goodness. If you have the conveniences, use the selected songs to enter the presence of God through praise and worship. God is with you as you gather in His name.

May you as a family rejoice always, pray continually and give thanks in all circumstances.

Stay warm, stay safe

3CKids Team



Praise and worship



What to prepare:

- Read Psalm 100:1-5
- Read Psalm 96:11-12
- Read Psalm 150:3-5

Praise and Worship:

Copy these links and paste it into your browser to play the songs of the week:

- https://www.youtube.com/watch?v=twFAZfU_x4 (**Send Your Rain**)
- <https://www.youtube.com/watch?v=0R4te0QLD8E> (**Joy**)
- <https://www.youtube.com/watch?v=ihUVzL9K9x4> (**Umuhle kimi**)

Memory verse:

Psalm 100:4

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“Enter his gates with thanksgiving and his courts with praise; give thanks to him and praise his name”

Declaration for the week:

My heart is filled with thanksgiving and my mouth with praise

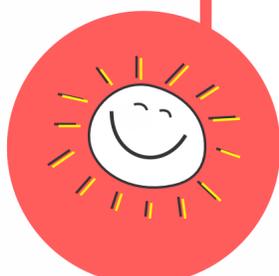
Activity Sheets

The activities are added to aid with general knowledge

- Activity - Make a finger puppet
- Activity - Maze
- Activity - Find the path
- Activity - Colour sheet

Fitness Fun

Join in the fitness fun and beat the winter blues.



Lesson Time

Opening Activity: Sing your favourite praise song

Give each child a turn to sing part of their favourite praise and worship song. Ask each child what they like about the song. "I like this song because..." If a child struggles with what to say, help them with words to better express themselves Ask: "Do you like the song because... it makes you say thank you to Jesus... it reminds you that God is good... it makes you happy... it reminds you that God loves you?"

Say: This week we are going to learn how important it is for us to praise and worship God.

Pray with me: Father God, thank you for this day. Thank you that I can learn how important it is for me to praise and worship You. My heart is open to receive your word today. In Jesus' name. Amen

Repeat the declaration: My heart is filled with thanksgiving and my mouth with praise

Lesson: Read Psalm 100

1 Shout with joy to the Lord, all the earth!

2 Worship the Lord with gladness. Come before him, singing with joy.

3 Acknowledge that the Lord is God! He made us, and we are his.

We are his people, the sheep of his pasture.

4 Enter his gates with thanksgiving; go into his courts with praise.

Give thanks to him and praise his name.

5 For the Lord is good. His unfailing love continues forever,

and his faithfulness continues to each generation.

Ask: Have you ever watched or been to a sports match where your favourite team is winning? What happens when a goal is scored? (Let the kids answer)

Say: There is a lot of shouting and screaming when a goal is scored, right? People shout to show their happiness and that they celebrate the goal that has been scored. This is what praising God is all about – it is us expressing/showing God how thankful and happy we are for what He does for us. We celebrate like we are having a fun party, with shouting, clapping our hands and saying "Thank you" out loud. To worship God is to give glory and honour to God – this means we show God that we love and respect Him. When we are thankful and full of praise, it is worship to God. God wants us to come to Him happy every day because we are alive and He made us. He wants us to say what we are thankful for and also tell Him how much we love Him.

Ask: Do you know that other things in nature praise God too? (no answer required)

Read: Psalm 96:11-12

11 Let the heavens be glad, and the earth rejoice! Let the sea and everything in it shout his praise!

12 Let the fields and their crops burst out with joy Let the trees of the forest sing for joy

Say: The waves of the sea that crash on the beach... The stars that twinkle and sparkle at night... the trees that sway... the wind that brings the fresh breeze... the mountains that stand tall... all these things in nature show that God is awesome and that He must be praised.

Say: We can praise God with music, dancing and singing.

Read: Psalm 150:3-5

3 Praise him with the sounding of the trumpet, praise him with the harp and lyre,

4 praise him with timbrel and dancing, praise him with the strings and pipe,

5 praise him with the clash of cymbals, praise him with resounding cymbals.

Say: You do not have to be the best singer or dancer. You just need to be someone who is really thankful and show it by dancing and singing to God and if you can, play a musical instrument.

Ask: What is your favourite musical instrument (whether you can play it or not)

Give examples, guitar, clarinet, xylophone, piano, flute etc (see pictures on attachment below)



Ask: What wonderful things has God done for you that you would like to praise Him for? (Let the kids answer)

Say: All the things you have said are good reasons to give God praise. We give praise to the Lord because He is good, loving and faithful. The most wonderful thing God has done for us is to send Jesus on earth that we can know His love. He sent Jesus to save us from our sins. That means we live on earth happy because He loves us and we will spend forever in Heaven with Him. This is the best reason to give God praise.

Application:

Say: Think and write down things that you are thankful for. (Give an opportunity for the kids to write down something or say it if they are small)

Say: We are all going to shout to God, clap our hands and tell Him we are thankful for the things we have written down. But first we must ask God to forgive us where we have not given Him our praise and worship.

Pray after me: "Father God, thank You for showing me through your Word how I can praise You. Please forgive me where I have been quiet and did not give you all my praise and worship. I am so thankful I belong to You and that You made me. With the help of the Holy Spirit I will praise You and worship You as long as I live. In Jesus name, Amen."

Repeat the declaration: My heart is filled with thanksgiving and my mouth with praise

Say: Now let us praise God for who He is and all He has done for us
(Help the kids to lift their voices and shout and say "Thank you Jesus")

Declarations of the blood of Jesus

When we speak about what the blood of Jesus has done for us, we are changed to be just like Him so we can love all people the way He loves them. Let us declare the blood of Jesus has done for us.

- By the blood of Jesus, I have been redeemed from the power of the enemy.
- By the blood of Jesus, all my sins are forgiven.
- Because I spend time with other Christians, the blood of Jesus cleanses me
- By the blood of Jesus, I am justified and God sees me as if I have never sinned.
- By the blood of Jesus, I am sanctified and set apart for God's holy purpose.

Devotion plans:

The devotions are aimed to help each child spend daily quiet time with the Lord through His word. If you have the means, assist each child to create a special place and help allocate a special time for their devotion. Younger children: we encourage you to spend a few minutes a day reading the scripture to your child and helping them say the declaration.

Older children: help the children to read the daily scripture, reflect on what the Lord is saying to them and then write their own declaration for the day.

Repeat the declaration: I obey my parents, just like Jesus did.

For any queries and/or suggestions email us: 3ckids@my3c.tv





clarinet



French horn



guitar



drum set



piano



trumpet



bass



violin



saxophone



tambourine



xylophone



electric guitar



maracas



mandolin



harp



panpipe



harmonica



flute