

My words help others


Hello Mom and Dad

Mother Theresa is quoted as saying, "Kind words can be short and easy to speak, but their echoes are truly endless." There is undoubtedly power in the words that we speak. Our words have the ability to create and change our environment positively or adversely. We want to encourage you to speak only the Word of God over every situation in your family, your finances and even our nation.

We have also come to learn that our words reveal the condition of our hearts as stated in Matthew 12:34b "... For out of the abundance of the heart the mouth speaks." This necessitates that we continually check the condition of our hearts to ensure we are right with God and also right with others.

Our lesson objectives for this week:

- To know that our words are important and powerful
- To understand that the blood of Jesus changes our hearts so we speak what is helpful



As is fitting, we encourage you to start your time together in thanksgiving and praise. Be intentional to remember the faithfulness and goodness of God in this season. If you have the conveniences, use the selected songs to enter the presence of God through praise and worship. God is with you as you gather in His name.

May you walk full of courage as your hearts remain steadfast in the Lord and as your words bring healing to our nation.

With love,
3CKids Team



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What to prepare:

- Read Genesis 1
- Read James 3: 1-10
- A small tube of toothpaste, paper plate and plastic spoon (optional)
- Communion (a small piece of bread/cracker and some red juice)



Praise and Worship:

Copy these links and paste it into your browser to play the songs of the week:

- https://www.youtube.com/watch?v=twFAZfU_x4 (Send Your Rain)
- <https://www.youtube.com/watch?v=7Wxi-F9R7Io> (First)
- <https://www.youtube.com/watch?v=shzOEbCWWS0&t=21s> (I will go)

Memory verse:

Psalm 19:14



"Let the words of my mouth and the mediation of my heart be pleasing to you, o Lord, my rock and my redeemer"

Declaration for the week:

I will speak words that help others



Activity Sheets

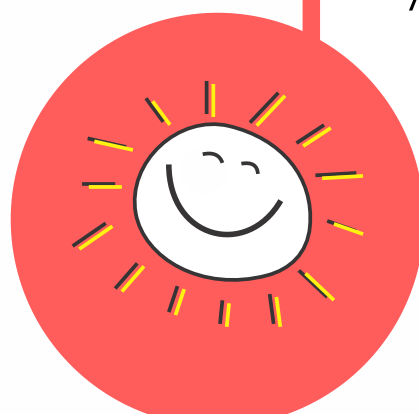
The activities are added to aid with general knowledge

- Activity – Crossword
- Activity – Number trace
- Activity – Art: Make an octopus
- Activity - Word search
- Activity - Colour sheet

Fitness Fun

We are getting ready for spring with a healthy body and a sound mind.

Spell out your name and do the workout according to the alphabets of your name. Add your surname for a greater challenge.



Lesson Time

Opening Activity:

A) Toothpaste challenge:

Get a paper plate and a small tube of toothpaste. Give a child ten seconds to squeeze as much of the toothpaste out onto the paper plate. Congratulate them at the end of ten seconds and ask them: how easy was it to squeeze the toothpaste out? Let them answer

Next give them a plastic teaspoon and give them ten seconds to put the toothpaste from the paper plate inside the toothpaste tube it came from. Count them down.

At the end of ten seconds ask them: how easy was it to put the toothpaste back into the tube? Let them answer

B) Play the guessing game:

Ask: What am I? I can hide or I can show myself. I am made of many muscles. I am usually always wet. I can hurt people or help people. I can be curled. I help people taste food. I am usually pink. (ask the questions until one child answers, a tongue)

Say: It is easy for us to speak words (like squeezing the toothpaste out) but it is much harder to take our words back (like putting the toothpaste back in the tube). Today we are going to learn about the power of our words (our tongue). We are going to learn how God can help us to speak the right words that will help others.

Pray with me: Father God, thank You for this day. Thank You that I can learn that my words are important and that they can hurt or help others. Thank You that Your word will change me forever today so I can live every day for You. In Jesus' name. Amen

Repeat the declaration: I will speak words that help others

Lesson

Say: Do you know that God used His words to make everything on earth and in the universe? (Show attached image of the solar system in the universe and mention the planets)

Say: In Genesis 1:3 God first made light. He used His words to make the light. He said "Let there be light" and guess what... there was light.

Say: After that, many other verses show us that God said, "Let there be..." and those things He said became exactly as He said.

Say: God's words are so powerful that they have power to make things. God's words helped to make a beautiful world for us to live in.

Now let us see what happened when God created Adam and Eve. Genesis 1:26 says that God created man in His image, to be just like God. As Adam and Eve were made to be just like God, they too could use their words to create or make things happen. They could use their words to hurt or to help others.

Say: We too can use the power of our words to hurt other people – like when we say ugly things about them or we lie about them. Or we can use the power of our words to help other people – like speaking kindly about them and telling the truth.

Ask: Is it easy to use our words to help others all the time?

Say: No, of course not. That is because in our hearts we can have bad feelings about other people. That is the reason God sent Jesus to save us from our sin and to change our hearts. When we believe that Jesus died on the cross and had His blood come from His body for us, our hearts are changed to be like Him.



Say: When we take communion (having the bread and red juice thinking about Jesus) and we speak about what the blood of Jesus has done for us, we remember that God made us to be just like Him. Communion helps us to be right with God and right with other people. When we are right with other people we will speak words that will help others.

Repeat the declaration: I will speak words that help others

Application:

Ask: Can you think of a time you used your words to hurt other people? Would you like us to pray that God changes our hearts? (let there be an answer)

Say: Remember God made us to be just like Him. We are going to ask God to forgive us for the bad words we have spoken that came from a bad heart. We are then going to take communion (bread and red juice) and remember that God made us just like Him.

Pray after me: "Father God, thank You for showing me how my words can hurt or help others. Please forgive me where I have used my words to hurt people in my life. Please forgive me for words that came from a bad heart. I thank you that you have made me to be just like You. Thank you for forgiving me. With the help of the Holy Spirit I will use my words to help others. In Jesus name, Amen."

Repeat the declaration: I will speak words that help others.

Ask the kids to take the bread and eat it thinking about Jesus on the cross.

Ask the kids to take the red juice and drink it thinking about the blood of Jesus.

Say the declarations of the blood of Jesus together:

- By the blood of Jesus, I have been redeemed from the power of the enemy.
- By the blood of Jesus, all my sins are forgiven.
- Because I spend time with other Christians, the blood of Jesus cleanses me from sin.
- By the blood of Jesus, I am justified, and God sees me as if I have never sinned.
- By the blood of Jesus, I am sanctified and set apart for God's holy purpose.

Repeat the declaration: I will speak words that help others.

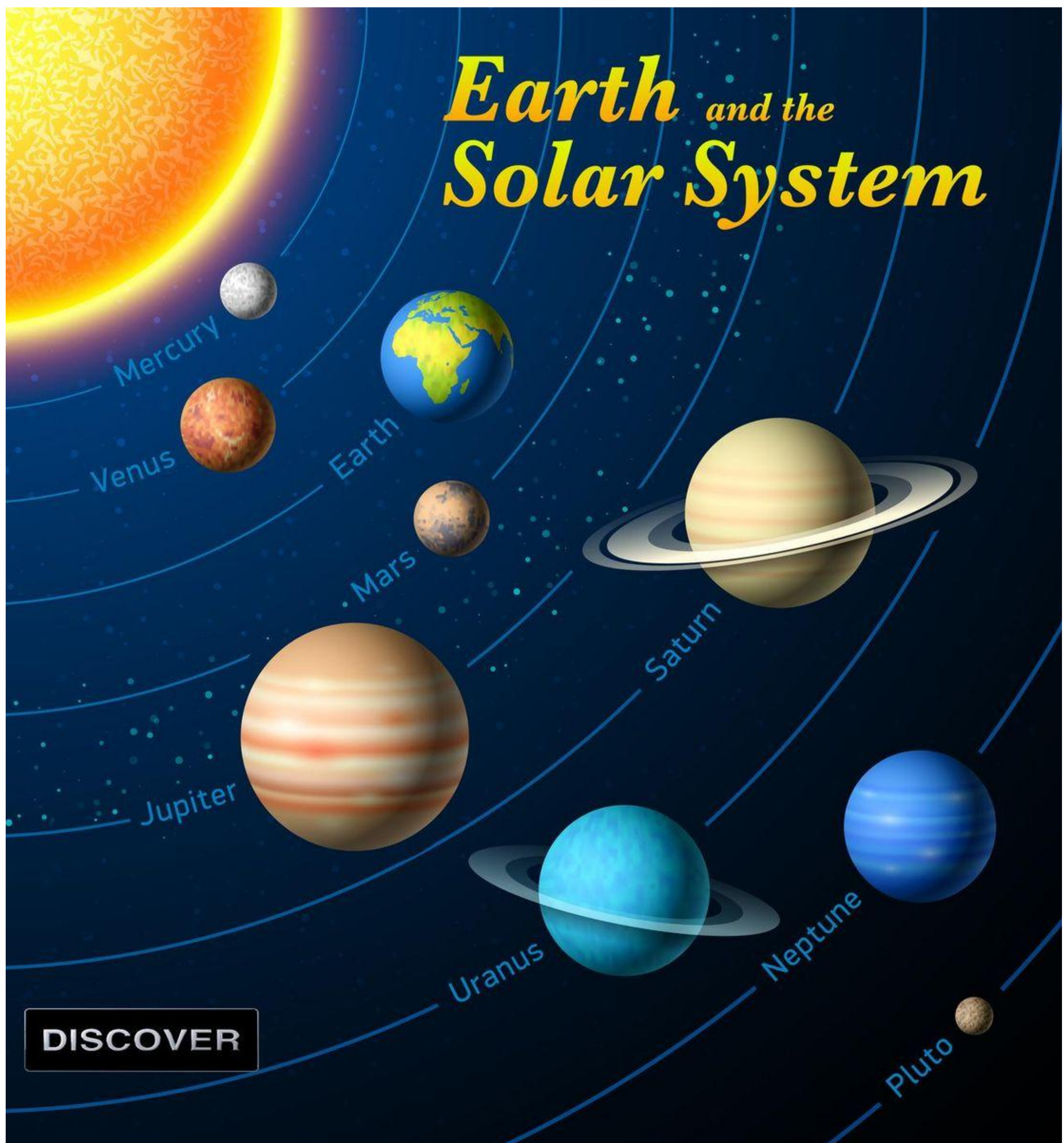
Devotion plans:

The devotions are aimed to help each child spend daily quiet time with the Lord through His word. If you have the means, assist each child to create a special place and help allocate a special time for their devotion. Younger children: we encourage you to spend a few minutes a day reading the scripture to your child and helping them say the declaration.

Older children: help the children to read the daily scripture, reflect on what the Lord is saying to them and then write their own declaration for the day.



Earth and the Solar System



DISCOVER