

# Abraham and Sarah

Hello Mom and Dad

By God's grace we have entered into the last quarter of this uniquely challenging year. As we continue to put our faith in God, we can anticipate to end the year better positioned for conquest. Romans 8:31-32 indicates God's heart when it comes to us, "If God is for us, who can be against us? He who did not spare His own Son, but delivered Him up for us all, how shall He not with Him also freely give us all things?" Believe today that God is for you and your family as you finish this lap of the year.

This week we are talking about a family, a couple, that had God on their side and believed His word. Abraham and Sarah are wonderful examples of a family who stood in faith for the promise of God – God called them the father and mother of many nations. We believe that each of our children are called to be fathers and mothers of nations, even from an early age.

Our lesson objectives for this week:

- To learn we are called to be fathers and mothers of nations
- To learn how to walk by faith even when we do not know how things will change

Thanksgiving is the door through which we enter the presence of God. "Enter his gates with thanksgiving; go into his courts with praise. Give thanks to him and praise his name." (Psalm 100:4) We encourage you to thank the Lord out loud for His goodness and faithfulness as you start your time together. We have put together a selection of songs you may use as you launch into the lesson.

We are praying for you that you will walk confidently knowing God is for you.  
We are cheering you on!

With love,  
3CKids Team



# Abraham and Sarah



## What to prepare:

- Read Genesis 15:1-6
- Read Genesis 17:15-16



## Praise and Worship:

Copy these links and paste it into your browser to play the songs of the week:

- [https://www.youtube.com/watch?v=twFAZfU\\_x4](https://www.youtube.com/watch?v=twFAZfU_x4) **(Send Your Rain)**
- <https://www.youtube.com/watch?v=7Wxi-F9R7Io> **(First)**
- <https://www.youtube.com/watch?v=shzOEbCWWS0&t=21s> **(I will go)**

## Memory verse:

Galatians 5:16



**"And Abram believed the LORD,  
and the LORD counted him as  
righteous because of his faith."**

## Declaration for the week:

***I believe God's word.  
I speak it and I live it.***



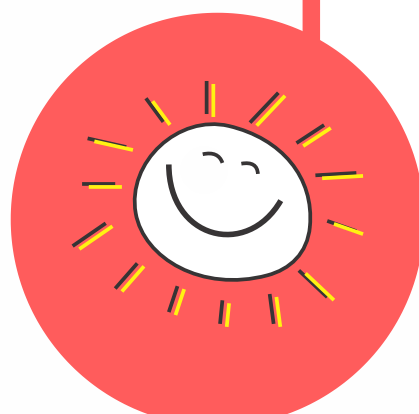
## Activity Sheet

The activities are added to aid with general knowledge and

- Activity-Finger art
- Activity – Match the fruit
- Activity – Find the path
- Activity – Colouring

## Fitness Fun

Follow the simple instructions on the pyramid to get an effective fun work out.



## Lesson Time

**Opening Activity:** Grab three or four MnM's or smarties. For every colour there is a question Blue = Share what you like to do for fun.

Red = What is your favourite food?

Yellow = Which place would you like to visit in South Africa?

Brown = Which place would you like to visit in the world?

Purple = What is your favourite verse in the Bible?

Orange = If you met the president, what would you say to him?

Let the kids eat the sweets after they have had their turn.

**Say:** Today we will be talking about Abraham and Sarah who were people of faith. We will learn to see ourselves the way God sees us so we can believe what He says about us. When we believe right, we will speak right.

**Pray with me:** *Father God, thank You for this day. Teach me your word today so I can see myself the way You see me. I believe Your word. Thank You for making me a world changer. In Jesus' name. Amen*

**Repeat the declaration:** I believe God's word. I speak it and I live it.

### Lesson:

Say:: Abraham and Sarah were very old and could not have children. God had promised them that He would give them a son. God had actually promised them that they would have many children. God changed their names (previously Abram and Sara) to their new names. Abraham means father of nations and Sarah which means princess. They started calling themselves by these names.

Say: Abraham and Sarah had to wait a long (loooooong)time to have a baby.

Ask: Does anyone know how long Abraham and Sarah had to wait for the promise God would give them? Abraham had to wait until he was one hundred years old and Sarah had to wait until she was ninety years old to have a baby.

(Ask if the kids know anyone who is a hundred or ninety years old). Abraham and Sarah had to wait for twenty-five years to have a baby.

Say: Twenty-five years is a very long time to wait. During those twenty-five years that Abraham and Sarah waited, they chose to believe that God would give them the baby that He promised them. They refused to doubt. They knew that God would make His promise happen even if they did not know how.

Say: Boys and girls, we need to spend time with God, learning His word and praying to Him. When God gives us a promise as we spend time with Him, we need to believe what He says even though we do not know how long or how this promise will happen.

Say: In His word God says of us that we have the same promise as Abraham and Sarah. God has called us to be fathers and mothers of nations. What does this mean? This means we can help people, like a mom and dad would, to know Jesus and follow Him. We can help people by praying for them and by helping them know that Jesus loves them. This is how we change the world.

**Repeat the declaration:** I believe God's word. I speak it and I live it.





Say: Who does God say you are? (get the kids to repeat)

- I am loved by God
- I am a child of God
- I am preferred by God
- I am chosen to do God's will
- I am called to do great things for God on this earth

**Repeat the declaration:** I believe God's word. I speak it and I live it.

### **Application:**

Say: God has called you to love people and to help them know Him. You need to believe that God wants to use you to do great things for Him. We are going to pray for God to help us.

**Pray after me:** *"Father God, thank You for loving me always. Please forgive me where I have not fully believed Your word. Please forgive me where I did not think you want to use me to do great things for You. Thank You that Your blood removes the doubt and fills me with faith. I will speak Your word and live it. In Jesus name, Amen."*

- Pray for three people who need to know Jesus this week.

**Repeat the declaration:** I believe God's word. I speak it and I live it.

### **Declarations of the blood of Jesus**

When we speak about what the blood of Jesus has done for us, we are changed to be just like Him so we can love all people the way He loves them. Let us declare the blood of Jesus has done for us.

- By the blood of Jesus, I have been redeemed from the power of the enemy.
- By the blood of Jesus, all my sins are forgiven.
- Because I spend time with other Christians, the blood of Jesus cleanses me from sin.
- By the blood of Jesus, I am justified, and God sees me as if I have never sinned.
- By the blood of Jesus, I am sanctified and set apart for God's holy purpose.

**Repeat the declaration:** I believe God's word. I speak it and I live it.

### **Devotion plans:**

The devotions are aimed to help each child spend daily quiet time with the Lord through His word. If you have the means, assist each child to create a special place and help allocate a special time for their devotion. Younger children: we encourage you to spend a few minutes a day reading the scripture to your child and helping them say the declaration.

Older children: help the children to read the daily scripture, reflect on what the Lord says and then write their own declaration for the day.

