

# The Lord's Table

Hello Mom and Dad

What are you thankful for today?

Psalm 118:1 reminds us to "Give thanks to the Lord, for He is good. His love endures forever." Our giving of thanks must be intentional as we remember all that the Lord has done for us. We are alive and our sins have been forgiven. For this, we give God thanks.

This week we aim to remind each child of the love displayed by our Saviour Jesus through the shedding of His blood. Our goal is that each child will grow in revelation and gratitude towards the Father for the wonderful gift of His son, Jesus. Each child will appreciate the sanctity of the table of the Lord as it speaks to the power that is in the blood of Jesus.

Our lesson objectives for this week:

- To learn about the power of the blood of Jesus
- To keep an attitude of thanksgiving for what Jesus has done
- To have communion

To start your time together, we encourage you to thank the Lord out loud for His goodness and faithfulness. Ask each person what they are thankful for. Help each child indicate by making examples such as, "I am thankful to the Lord for His protection and for giving us food every day." Allow time for each child to state their thanksgiving. We have put together a selection of songs you may use as you launch into the lesson.

We are thankful for God's unending grace in Jesus.

We are cheering you on!

With love,  
3CKids Team



# The Lord's Table



## What to prepare:

- Luke 22:19-20
- 1 Corinthians 11:24-26
- Prepare communion

## Praise and Worship:

Copy these links and paste it into your browser to play the songs of the week:

- [https://www.youtube.com/watch?v=twFAZfU\\_x4](https://www.youtube.com/watch?v=twFAZfU_x4) (**Send Your Rain**)
- <https://www.youtube.com/watch?v=7Wxi-F9R7I0> (**First**)
- <https://www.youtube.com/watch?v=shzOEbCWWS0&t=21s> (**I will go**)

## Memory verse:

Revelations 12:11

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**"And they have defeated him by the blood of the Lamb and by their testimony. And they did not love their lives so much that they were afraid to die"**

## Declaration for the week:

*I am thankful for all Jesus has done for me.*

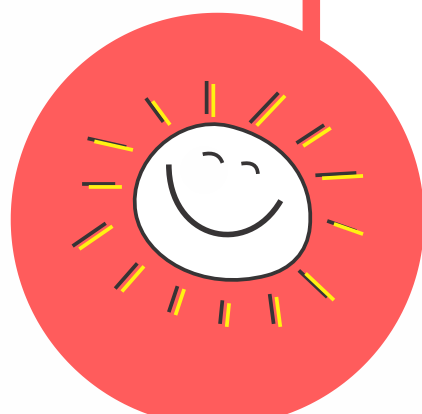
## Activity Sheet

The activities are added to aid with general knowledge

- Activity – Word search
- Activity – Spot the difference
- Activity – Crossword
- Activity – Colouring

## Fitness Fun

There's an exercise for each day of the week. Join in the fun with the whole family.



## Lesson Time

**Opening Activity:** Ask the kids

- What is your favourite thing to eat for supper?
- What is your favourite drink?
- What thing will you absolutely not eat for supper?

Say: Today we are going to learn more about communion, which is also known as the table of the Lord. Communion is when people who follow Jesus, eat some bread and drink grape juice together as they think about all Jesus did on the cross for them. This is very important to God and so it is important for us.

Pray with me: Father God, thank You for this day. Please teach me the importance of communion today. Help me understand the power in the blood of Jesus so I can be everything You have called me to be. In Jesus name, Amen.

Repeat the declaration: I am thankful for all Jesus has done for me.

Say: Do you know that Jesus actually served his disciples the very first communion? Jesus had supper with his disciples. He gave them bread - The bread represented His body. He also gave them the juice to drink which represented His blood. Maybethis does not sound crazy to you. But the people at the supper must have been shocked by what Jesus had said. Jesus did not want His followers to think it was crazy, weird or scary. Jesus wanted His disciples to think about His life. Jesus wants us to remember His life and His death so we can live great lives for Him.

Repeat declaration: I am thankful for all Jesus has done for me.

Say: Taking communion will not save us. Drinking the grape juice will not make Jesus live inside of us. For that to happen, we need to pray and ask the Father to forgive our sins and for him to come live within us. The communion table helps us to remember what Jesus did on the cross for us.

Say: When Jesus went on the cross he spilled blood from His body in seven different places. When we learn and speak about what the blood of Jesus has done for us, we will never be beaten by the devil.

Repeat the memory verse: Revelations 12:11

“And they have defeated him by the blood of the Lamb and by their testimony. And they did not love their lives so much that they were afraid to die.”

Repeat declaration: I am thankful for all Jesus has done for me

Say: When Jesus went on the cross, there were seven places on His body where His blood came from. (Make the kids make seven with their fingers). How many places on Jesus body had blood coming out? (seven – show with fingers)

Number 1: Jesus bled from His forehead when He was praying in the Garden of Gesthemane. This blood reminds us that just as Jesus was able to do God’s will when it was difficult, we too can be faithful and obey God when it is really hard. This is called the blood of faithfulness (let the kids repeat: the blood of faithfulness)

Number 2: Jesus bled on his back and body when they beat Him. This blood helps us to be free from sin and sickness and helps us to be just like Jesus. This is called the blood of redemption (let the kids repeat: blood of redemption)





Number 3: Jesus bled from His face. This blood reminds us that we are precious to God and that our identity (how we see ourselves) must only be what God says about us. This is the blood of Identity (let the kids repeat: the blood of Identity)

Number 4: Jesus bled from His head when they put a crown made of thorns on His head. This blood shows us that we are like kings and queens and can rule with Jesus over any situation. This is the blood of conquest. (let the kids repeat: blood of conquest)

Number 5: Jesus bled from His hands when the soldiers put nails through His hands on the cross. This blood shows us that our hands are free to love people, to pray for people, to do good things for people and to be generous. (let the kids repeat: blood of productivity)

Number 6: Jesus bled from His feet when the soldiers put nails through His feet on the cross. This blood helps us to go everywhere to teach people about the love of God through Jesus. This is the blood of purpose. (let the kids repeat: blood of purpose)

Number 7: Jesus bled from his heart when the soldier put a spear into his heart. This blood helps us to be free from the hurts that people do to us. This is the blood of restoration. (let the kids repeat: blood of restoration)

Say: These are the seven places that blood came from on Jesus body. When we take communion, eating the bread and drinking the juice, we remember every place where Jesus shed His blood and we are thankful for all He has done.

Repeat the memory verse: Revelations 12:11

“And they have defeated him by the blood of the Lamb and by their testimony. And they did not love their lives so much that they were afraid to die.”

Repeat declaration: I am thankful for all Jesus has done for me

Application:

Say: We are going to take communion together. Think about all that Jesus has done for you and start saying thank you for the blood that came from His body.

Pray after me: "Father God, thank You for loving me and sending Jesus to die on the cross for me. I know the blood from Jesus body is powerful and helps me to live life the way You want me to live. I am thankful that I can win over the devil with the blood of Jesus. Help me to always remember what Jesus has done for me on the cross. In Jesus name, Amen."

Eat the bread and juice and say the five confessions of the blood of redemption. Say what the blood of Jesus has done together:

- By the blood of Jesus, I have been redeemed from the power of the enemy.
- By the blood of Jesus, all my sins are forgiven.
- Because I spend time with other Christians, the blood of Jesus cleanses me from
- By the blood of Jesus, I am justified, and God sees me as if I have never sinned.
- By the blood of Jesus, I am sanctified and set apart for God's holy purpose.



(You are welcome to use the devotions that accompany the lessons throughout the week to help each child connect to the Word daily.)