

Remember Jesus

Hello Mom and Dad

We are fast approaching the end of this most unique year. To finish the year strong, we would do well to rest in the truth that our God is in control. Ecclesiastes 3:14 echoes the sentiment, "I know that whatever God does, It shall be forever. Nothing can be added to it, And nothing taken from it. God does it, that men should fear before Him." God is working and His work in our lives is sustained as we walk in faith believing that He is and will always be in control of our lives, families, communities and our nation.

This week we would like to assist each child grow in understanding the significance of communion. The sacrament is not to be observed merely by older people, but our children can appreciate the sacrifice of Jesus on the cross by teaching them what the Bible says about the same.

Our lesson objectives for this week:

- To remember Jesus and appreciate what He did on the cross
- To understand the importance of communion

To start your time together, we encourage you to thank the Lord out loud for His goodness and faithfulness. Ask each person what they are thankful for. Help each child indicate by making examples such as, "I am thankful to the Lord for His protection and for giving us food every day." Allow time for each child to state their thanksgiving.

We have put together a selection of songs you may use as you launch into the lesson.

God is in control!

With love,
3CKids Team



Remember Jesus



What to prepare:

- Copy this link and watch the clip through at least 3 times.
<https://www.youtube.com/watch?v=bdTLI2HMoe4>
- NB: Prepare a device to play the clip for the kids

Praise and Worship:

Copy these links and paste it into your browser to play the songs of the week:

- https://www.youtube.com/watch?v=twFAZfU_x4 (**Send Your Rain**)
- <https://www.youtube.com/watch?v=7Wxi-F9R7I0> (**First**)
- <https://www.youtube.com/watch?v=shzOEbCWWS0&t=21s> (**I will go**)

Memory verse:

1 John 1:9 NLT

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"But if we confess our sins to him, he is faithful and just to forgive us our sins and to cleanse us from all wickedness."

Declaration for the week:

Jesus died on the cross so I can be right with God and right with others.

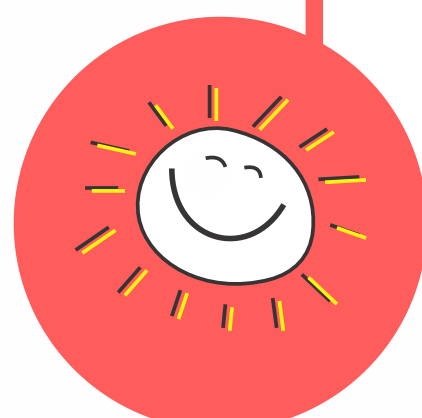
Activity Sheet

The activities are added to aid with general knowledge

- Activity – Crossword
- Activity – Word search
- Activity – Number tracing
- Activity – Colouring

Fitness Fun

Fitness is always fun when you involve the family. Learn new skills and grow strong together with these exercises. We have a seven minute HIIT workout using animal moves.



Lesson Time

Opening Activity: What is your daily routine?

Ask: What is your daily routine? A routine is a set of things that you do every day or often in the same order. So let's talk about your morning routine when you go to school. (Let the kids say what they do in the mornings e.g. waking up at 6am, putting on school clothes, eating breakfast etc...)

Say: A daily routine helps us do what we need to do and get where we need to get on time. We will not forget to do anything when we follow our daily routine. There is a special activity that Jesus started that we should do often as a routine so we do not forget important things as children of God. It is called communion. Today we are going to talk about the wonderful power of taking communion together.

Pray with me: Father God, thank You for today. Thank You that You are making me more like You. Teach me the power of communion and what Jesus did for me on the cross. In Jesus name. Amen.

Repeat the declaration: Jesus died on the cross so I can be right with God and right with others.

Clip to be watched: <https://www.youtube.com/watch?v=bdTLI2HMoe4>

Say: We are going to watch a clip that explains what communion is all about and I will ask some questions about what we have watched. Watch and listen carefully.

Ask: Is communion for a snack?

No

Ask: When did the first communion happen?

The first communion happened before Jesus went on the cross

Ask: Who did Jesus have the supper with?

Jesus had supper with his disciples.

Ask: What does the bread/cracker that we eat during communion represent?

The bread is the body of Jesus that was broken on the cross

Ask: What does the cup of juice that we drink during communion represent?

The cup is the blood of Jesus that came from all over his body

Ask: What is the first reason for taking communion?

We take communion to remember Jesus and what He has done for us on the cross

Ask: Why was Jesus' body broken?

Jesus' body was broken just like the bread so we can be made whole and healed

Ask: What did the people have to sacrifice in the old days to remove their sins?

People had to sacrifice an animal that was strong and healthy. But they could not change themselves on the inside. Jesus is the only one who is perfect enough to remove the sin of the whole world and help us change on the inside

Ask: What do we need to do before we take communion? What attitude must we have?

We need to examine or check ourselves if we need God to forgive us for something wrong that we did.

We need to examine or check ourselves if we need to forgive others for something they did against us.



Ask: We all belong together into what?

We all belong together to God's family. No matter what colour you are or where you come from, we are all brothers and sisters in God's family.

Repeat memory verse: 1John1:9

"But if we confess our sins to him, he is faithful and just to forgive us our sins and to cleanse us from all wickedness."

Repeat declaration: Jesus died on the cross so I can be right with God and right with others.

Application:

Say: We will take communion together. Do you have things that you have done wrong that you want God to forgive you from? Have other people done or said bad things to you that you need to forgive?

Pray after me: "Father God, Thank You so much for loving me. Please forgive me my sin, doing things my way, not listening to my parents and not being helpful when I can be. I choose to also forgive those who have said and done bad things to me. Please wash me in Your blood and make me clean. I believe Your word. In Jesus name, Amen

(partake of communion)

Declare what the blood of Jesus has done for us. Let's say it together:

- By the blood of Jesus, I have been redeemed from the power of the enemy.
- By the blood of Jesus, all my sins are forgiven.
- Because I spend time with other Christians, the blood of Jesus cleanses me from sin.
- By the blood of Jesus, I am justified, and God sees me as if I have never sinned.
- By the blood of Jesus, I am sanctified and set apart for God's holy purpose.

Repeat memory verse: 1John1:9

"But if we confess our sins to him, he is faithful and just to forgive us our sins and to cleanse us from all wickedness."

Repeat declaration: Jesus died on the cross so I can be right with God and right with others.

Devotion plans:

You are welcome to use the devotions that accompany the lessons throughout the week to help each child connect to the Word daily. The devotions are aimed to help each child spend daily quiet time with the Lord through His word. If you have the means, assist each child to create a special place and help allocate a special time for their devotion.

Younger children: we encourage you to spend a few minutes a day reading the scripture to your child and helping them say the declaration.

Older children: help the children to read the daily scripture, reflect on what the Lord is saying to them and then write their own declaration for the day.

