

Jesus and Nicodemus

Hi Mom and Dad

Let thanksgiving be the theme of our hearts as we draw closer to the end of the year. We are grateful to God for health, protection, provision and for God's hand over each family and our nation this year. We are thankful that God has kept and comforted even through loss. We are thankful to be standing attesting to the faithfulness of God.

"Give thanks in all circumstances; for this is the will of God in Christ Jesus for you."
– Psalms 27:13-14

We are excited to teach our kids the beauty of a life lived with Jesus. Nicodemus had an encounter with Jesus and met a man full of grace and truth (John 1:14). The story of Nicodemus shows us how every person can be born again and walk in the same grace and truth shown by Jesus.

Our lesson objectives for this week:

- To learn what it means to be born again
- To learn how Jesus loved and remained faithful with all people

To start your time together, we encourage you to thank the Lord out loud for His goodness and faithfulness. Ask each person what they are thankful for. Help each child indicate by making examples such as, "I am thankful to the Lord for His protection and for giving us food every day." Allow time for each child to state their thanksgiving.

We have put together a selection of songs you may use as you launch into the lesson.

With love,
3CKids Team



Jesus and Nicodemus



What to prepare:

- Read in advance through John 3:1-17
- Music
- A music player

Praise and Worship:

Copy these links and paste it into your browser to play the songs of the week:

- https://www.youtube.com/watch?v=twFAZfU_x4 (**Send Your Rain**)
- <https://www.youtube.com/watch?v=7Wxi-F9R7I0> (**First**)
- <https://www.youtube.com/watch?v=shzOEbCWWS0&t=21s> (**I will go**)

Memory verse:

John 14:6 NLT

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"Jesus told him, "I am the way, the truth, and the life. No one can come to the Father except through me""

Declaration for the week:

I am born again and I am just like my brother, Jesus.

Activity Sheet

The activities are added to aid with general knowledge

- Activity – Word search
- Activity – Spot the difference
- Activity – Secret code
- Activity – Colouring

Fitness Fun

Fitness is always fun when you involve the family. Learn new skills and grow strong together with these exercises. Spell out the days of the week and do the exercises for each day.



Lesson Time

Opening Activity:

Have kids scatter throughout the room. Explain that when you play music, kids must skip around the room. When the music stops, they must stop and respond to your instruction (touch your knees, grin broadly, scratch your head, flap your wings(arms), howl like an owl)

Say: You all know how to follow instructions and do it well. Today we are going to learn about one important instruction Jesus gave Nicodemus that we all can follow. We must all be born again.

Pray with me: Father God, thank You for today. Thank You that You are making me more like You. Teach me to be like You in everything. In Jesus name. Amen.

Repeat the declaration: I am born again and I am just like my brother, Jesus.

Ask: Have you ever seen a pregnant lady before? (allow for answers) How did you know she was pregnant? (allow for answers)

Say: Her belly! And why does her belly get so big (because a baby is growing inside and as the baby grows, her belly grows)

Ask: Do you think I could fit back in my mom's belly? Do you think I am too big? Well, what about you? Could you fit back in your mom's belly? You are too big too.

Say: These questions might sound a little silly, but someone actually asked Jesus these same questions. His name was Nicodemus. Nicodemus was a very important man.

Ask: Do you know someone who is important or does important work? (let kids give answers of what they think is important work)

Say: Nicodemus came to see Jesus at night and asked Jesus important questions. He was confused about being born again.

Ask: Have you ever heard someone say that before? Born again Christian? Or maybe born believer?

Say: Nicodemus had not and when Jesus told him he needed to be born again in order to get heaven he thought it was impossible. How could he possibly get back in his mom's belly? Jesus meant a totally different type of born again. Being born again means believing in Jesus as the son of God. Being born of the spirit can happen at any time no matter how old or young. In order for this to happen, all you have to do is believe in Jesus and accept His gift of eternal life. And just like babies have parents that teach and take care of them after they are born, when you are born again you have another parent to be right there with you. Do you know who that is? It's our Heavenly Father, God!

Repeat memory verse:

John 14:6 "Jesus told him, "I am the way, the truth, and the life. No one can come to the Father except through me"

Repeat declaration: I am born again and I am just like my brother, Jesus.



Application:

Say: God loves each of us and wants us to walk in close relationship with Him. The only way is for us to be born again. If you are not born again we are going to pray together. If you know someone who needs to be born again, we are going to pray for them.

Pray after me: "Father God, Thank You so much for loving me. Please forgive me my sin and wash me in your blood. I believe in Jesus as the son of God and I receive Him as my saviour. Thank you that I am born again. In Jesus name. I also pray for those who are not yet born again – may You please show them Your love and help them to believe in You. In Jesus name. Amen"

Declare what the blood of Jesus has done for us. Let's say it together:

- By the blood of Jesus, I have been redeemed from the power of the enemy.
- By the blood of Jesus, all my sins are forgiven.
- Because I spend time with other Christians, the blood of Jesus cleanses me from sin.
- By the blood of Jesus, I am justified, and God sees me as if I have never sinned.
- By the blood of Jesus, I am sanctified and set apart for God's holy purpose.

Repeat memory verse: John 14:6 NLT

"Jesus told him, "I am the way, the truth, and the life. No one can come to the Father except through me""

Repeat declaration: I am born again and I am just like my brother, Jesus.

Devotion plans:

You are welcome to use the devotions that accompany the lessons throughout the week to help each child connect to the Word daily. The devotions are aimed to help each child spend daily quiet time with the Lord through His word. If you have the means, assist each child to create a special place and help allocate a special time for their devotion.

Younger children: we encourage you to spend a few minutes a day reading the scripture to your child and helping them say the declaration.

Older children: help the children to read the daily scripture, reflect on what the Lord is saying to them and then write their own declaration for the day.

