

# 3C KIDS LESSON

24 January 2021

## QUEEN ESTHER

FASTING AND PRAYER



# LESSON OVERVIEW

Let us say it together:

"I pray and believe that God's will will happen in my life, my family and my nation!"

## What to prepare

- Read in advance Esther 4; 5:1-7; 7:1-4; 8:11;
- Flag of your nation

## Sing along

Copy these links, paste into your browser to play the preferred songs for the week

- Send Your Rain:  
[https://www.youtube.com/watch?v=tvvFAZfU\\_x4](https://www.youtube.com/watch?v=tvvFAZfU_x4)
- First:  
<https://www.youtube.com/watch?v=7Wxi-F9R7Io>
- I will go:  
<https://www.youtube.com/watch?v=shzOEbCWWS0&t=21s>

## Memory verse

- Matthew 6:10

"May your Kingdom come soon.  
May your will be done on earth,  
as it is in heaven."



Word of the week

## Intercessor

## Activity Sheets

- Word search
- Maze
- VJ Activity
- Colouring

## Fitness Fun

Fitness is always fun when you involve the family. Learn new skills and grow strong together with these exercises.

## Hello Mom and Dad

The start of the new year may have already presented challenges for you and your family. We are still wading through much of the effects of the corona-virus pandemic in our nation. God is in no way off-duty when it comes to your life. He is waiting to hear from you.

In my distress I called to the Lord; I cried to my God for help.  
From his temple he heard my voice; my cry came before him, into his ears.

-Psalm 18:6

We aim to teach our children to walk in authority through having a vibrant prayer life as intercessors. We believe each child can learn to abstain or fast certain activities or food as they give more time to prayer. Like Queen Esther, our children's prayers can have significant impact on a nation as we teach them to pray the will of God.

Our lesson objectives for this week:

- To make prayer and praying for others a priority
- To help kids identify what they can give up in order to spend more time in God's word and in prayer.

Daily thanksgiving and praise must be a lifestyle as we grow in our prayer life. We encourage you to help kids set some time aside in the week to praise God even when no one is watching. This will also make the lesson time easier for the kids as they become worshipers of God engaging with His presence before the delivery of the word. We have a selection of songs to use in your time together.

We are praying for you and your family, trusting God for a fruitful 2021!

With love, **3CKids Team**

## Opening Activity

Ask: Who is a hero in your eyes? (let the kids answer - they can talk about superheroes and real human heroes)



Say: In the Bible there are a few heroes we will be looking at. They did amazing things that really made a difference in the world.

Ask: Do you know some heroes in the Bible (let the kids answer)

Say: The hero we will talk about today is Queen Esther! (see if they know anything about Esther).

Say: Queen Esther was an intercessor.

Prayer: Father God, thank You for today and this new year that we have started. I am ready to learn how to pray Your perfect will so that Your will can happen in my life, my family and my nation. In Jesus name. Amen.

Declare together: **I pray and believe that God's will will happen in my life, my family and my nation!**

# Lesson



Read the following verses to the kids

Esther 4:15-16 NLT

“Then Esther sent this reply to Mordecai: “Go and gather together all the Jews of Susa and fast for me. Do not eat or drink for three days, night or day. My maids and I will do the same. And then, though it is against the law, I will go in to see the king. If I must die, I must die”

Esther 5:1-3 NLT

“On the third day of the fast, Esther put on her royal robes and entered the inner court of the palace, just across from the king’s hall. The king was sitting on his royal throne, facing the entrance. When he saw Queen Esther standing there in the inner court, he welcomed her and held out the gold scepter to her. So Esther approached and touched the end of the scepter. Then the king asked her, ‘What do you want, Queen Esther? What is your request? I will give it to you, even if it is half the kingdom!’”

Esther 7:3 NLT

“Queen Esther replied, ‘If I have found favor with the king, and if it pleases the king to grant my request, I ask that my life and the lives of my people will be spared’”

Say: These verses help us understand that:

- An intercessor is a hero (Esther 4:16b) who comes before God (The King) on behalf of others.
- An intercessor uses spiritual weapons (Esther 4:16a) to fight the devil and to win. Queen Esther used prayer and fasting to save her life and the lives of her people.
- An intercessor touches the heart of God and receives his favour. The King was so pleased with Queen Esther that he offered to give her up to half his kingdom (can you imagine owning half of the country?)
- An intercessor always receives an answer from God. Queen Esther received her answer and saved many people's lives.
- We can be heroes just like Queen Esther, fasting and praying and coming to God on behalf of others.

## Application

Say: Today we are going to ask God to help us to be bold like Queen Esther. Would you like to be an intercessor like Queen Esther, fasting and praying for God's will in people's lives?

**(Please note: kids can only fast as agreed with their parents)**

Pray after me: Father God, thank You that I can be used to pray for other people. Help me to be a hero and an intercessor like Queen Esther. Please help me to fast and pray for your will to be done on earth. In Jesus name. Amen!

Say: Think of people that you know who need prayer. It could be a sick grandparent, or someone who needs help. Let us pray for them.

Pray after me: Father, thank You that You always hear our prayers. Today we ask You to provide everything our friends and family need. In Jesus name. amen.

Say: What you just did shows what an intercessor does, coming before God on behalf of others

Instruction: Let the children draw a flag of their nation

Ask all the children to help you in a special mission: Interceding for the nation! The enemy attacks society with bad things like violence, sadness and the separation of families. That is why we need heroes to intercede and protect our nation.

The children will intercede by repeating declarations, such as:

- By the blood of Jesus, my nation has been redeemed from the power of the enemy. The devil has no power over my nation I dwell in the house of the Lord.
- By the blood of Jesus, all the sins of my nation have been forgiven. There are no debts outstanding between my nation and the Lord.
- By the blood of Jesus, my nation has been justified. All the unrighteousness of my nation has been nailed to the cross and we have been clothed with the righteousness of Christ. God sees us as if we had never sinned.
- By the blood of Jesus, my nation has been sanctified and set apart for God. Everything in my nation - land, businesses, families - are all God's private property.

