

# Fruit of the Spirit: GOODNESS



One way to explain the fruit of the Spirit to a child is by using an analogy: Imagine that the fruit of the Spirit is like a basket of delicious fruits. Each fruit represents a different kind of good feeling or characteristic that comes from God. The more you eat of these delicious fruits, the more you will feel good inside.

<b>Date</b>	<b>Fruit</b>	<b>Objective</b>
3 March	Introduction: being led by the Spirit	
10 March	Love	
17 March	Joy	
24 March	Peace	
29 March	Good Friday	
31 March	Patience	
7 April	Kindness	
14 April	Goodness	
21 April	Faithfulness	
28 April	Gentleness	

## **Fruit of the Spirit - GOODNESS: Teacher Prep**

### **Objective of lesson:**

- Teach kids to allow the Holy Spirit to produce goodness in them

### **What to prepare:**

- Fruit/sweets that looks good on the outside but is rotten or not pretty on the inside.  
OR Use the pictures below
- Stacks of cups

### **Bible Reference:**

- Mark 10:17-19

**Clip:** [https://m.youtube.com/watch?v=rallX7pu\\_8U](https://m.youtube.com/watch?v=rallX7pu_8U)

### **Memory verse:**

Galatians 6:9, "And let us not grow weary of doing good, for in due season we will reap, if we do not give up."

(Use hand motions to help them memorize or write it on the board, erasing one word at a time until everyone is able to say it together without seeing it.)

**Declaration:** I will not get tired of doing good to others.

### **Pre service (10min):**

TBT - Stack a cup

Make 5 groups. Give a group of kids 10 cups and start a timer. The team that stacks all the cups in one minute wins. Every team must have the help of an assistant but the assistant cannot do the work.

KC - Groupings

Let kids identify the similarity of the items on the group - see attached paper for example

**Opening prayer (2 min):** Let the kids repeat after you

“Father God, thank You that we can remember this Holy Week, starting with Palm Sunday. Thank You for your mercies today. Lord we are here to learn from you and to worship you. Please teach us all about the fruit of the Holy Spirit so we can represent you well wherever we go. In Jesus name. Amen.”

**Praise and worship (5-10 min):**

TBT - Yahweh +

KC - Praise (Elevation) and Communion with the King

**Ministry to kids (4min):** 1 John 5:14-16 “ And we are confident that he hears us whenever we ask for anything that pleases him. **15** And since we know he hears us when we make our requests, we also know that he will give us what we ask for.”

Pray for the needs of the children - clearly remind them that God will take care of them.

Help kids repeat the 5 confessions of the blood of redemption:

- By the blood of Jesus, I have been redeemed from the hand of the enemy
- By the blood of Jesus, my sins are forgiven.
- Because I walk in the light and spend time with other Christian, the blood of Jesus cleanses me from all my sin
- By the blood of Jesus, I am justified. God sees me as though I have never sinned.
- By the blood of Jesus, I am sanctified. I am going to do great things for the Lord.

**Offering (4 min):** An assistant can prepare a testimony to help encourage the kids to bring their offering and pray a blessing as they give. Remind the kids:

- We give because we love God
- We give because we trust God
- We give because we honour God

**Birthday (2 min):** Celebrate birthdays from the past week. Sing and pray over the special kids. Each birthday kid should have a sash or crown on them for the duration of the service for their birthday. Each must get a birthday gift.

**Lesson (15 min):**

Opening:

SUPPLIES: fruit that looks good but kids won't like, or those sweets that look normal but taste horrible on the inside. Or see picture attached

Give each child one of the snacks and ASK: Does this look good to you? Let's try it!

After they try it...

SAY: It looked good on the outside but it was gross on the inside. Humans can be like that too.

We can look really good on the outside when we are actually really bad on the inside. Goodness is not just about what we do. It's about who we are when no one is looking.

God knows how easy it is for us to pretend to be good. We can do all the right things, but if we do them while angry or disrespectful or whiny, it's not God's goodness.

The world's goodness and God's goodness often look the same, but you have to look at the inside, at the heart, to know if it's really coming from God or not. Let's discover God's true goodness today.

(Feel free to give kids an actual good-tasting fruit or sweets before continuing.)

Read Mark 10:17-18, The Rich Man

17 As Jesus was starting out on his way to Jerusalem, a man came running up to him, knelt down, and asked, "Good Teacher, what must I do to inherit eternal life?"

18 "Why do you call me good?" Jesus asked. "Only God is truly good."

After, ASK: When is it hard for you to be good? How do you think Jesus would act in that situation? How can the Holy Spirit help you?

\*Remind kids that goodness grows when we get closer to Jesus and understand what true Goodness is, not just by trying harder to be good.

Say: The power to grow in goodness comes from the Holy Spirit, not from a try-hard at not shouting, never lying, not taking things without permission etc.

If we have said Yes to Jesus, the Holy Spirit is living inside of us, and we can be people who overflow with goodness. This does not mean that we will be good and do good all the time. But as we come to know God more and more, we change! Goodness becomes part of who we are. With the Spirit living inside of us, He gives the power to do good

### **Application:**

We are going to come up with five kind things we can do this week! They can be things to do at home, at school, or at church. (As the children come up with real ideas they can do this week, write them on the board. Encourage them to think of things they can do in secret, so that only

they and God know. This is the ultimate display of humble kindness, when we do not seek a reward for it.)

**Prayer:**

Heavenly Father, thank you for being a perfect example of goodness, and for sending your Spirit to help us grow in goodness too. Holy Spirit, I surrender my life so You may fill me. Help us to practice goodness so we can show others how good you are. Amen.

Closing song:

[https://m.youtube.com/watch?v=ZJnoaGv6W\\_Y](https://m.youtube.com/watch?v=ZJnoaGv6W_Y)

**Home work:**

Practice thinking good thoughts

Practice doing something good for someone each day

Pictures of fruit that look good on the outside but are bad on the inside

